

FOUNTAIN WARREN TOBACCO PREVENTION & CESSATION PROGRAM NEWSLETTER

MARCH
2019

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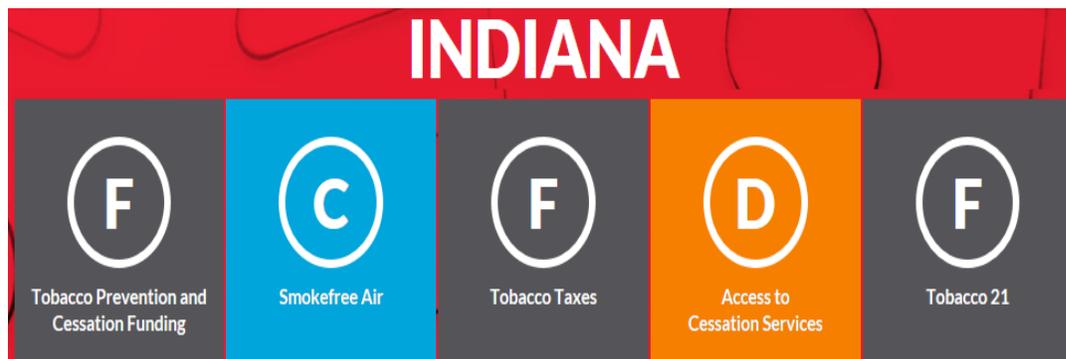
PROGRAM INFO 4



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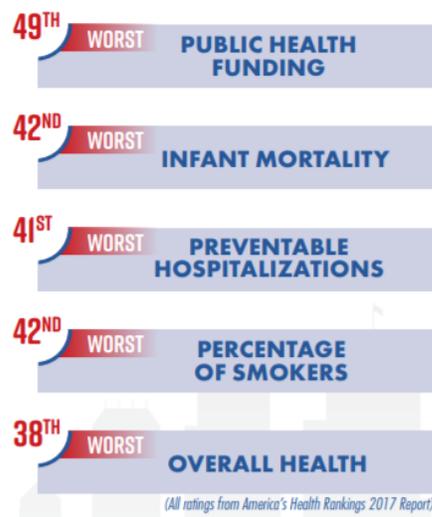
American Lung Association’s 2019 STATE OF TOBACCO CONTROL

The American Lung Association (ALA) released its 2019 “[State of Tobacco Control](#)” report on Wednesday, January 30th. This report grades all 50 states, Washington, D.C., and the federal government on key tobacco control policies. Discussed in this year’s report is the failure of states and the federal government to act, putting the lives and lung health of Americans at risk. Here are the grades for Indiana:



With respect to the grades given in the report, ALA National Director for Policy, Thomas Carr, says “It’s important to note that the report and grades represent the failure of state policymakers and legislators to act, and **are not a reflection on the hard work of tobacco control advocates on the ground in states and communities.**”

In addition to these poor grades given by the American Lung Association, Indiana also scores low in health rankings for public health funding, infant mortality, preventable hospitalizations, percentage of smokers, and overall health. Efforts have been made over the past several years to get the cigarette tax increased in Indiana without success. Our high smoking rates are directly linked to health rankings. During this year’s legislative session, advocates are asking for a \$2 per pack cigarette tax increase. This is long overdue and will improve Indiana’s score card in at least one area. The Fountain/Warren



Tobacco Prevention and Cessation Program hopes you will help us advocate for this increase by contacting your state legislator and expressing your support. To find your state legislator visit: <http://iga.in.gov/legislative/find-legislators/>

The state of tobacco control

Fountain County

Lead agency:
Community Action Program, Inc of Western Indiana
 Coordinator: Kathy Walker

Total Population
 17,240



Population by age group



Population by race

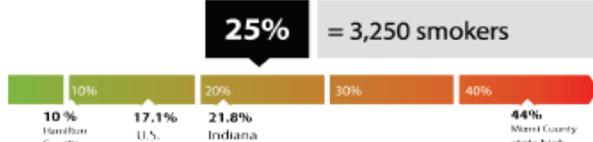
Hispanic
 White
 African American

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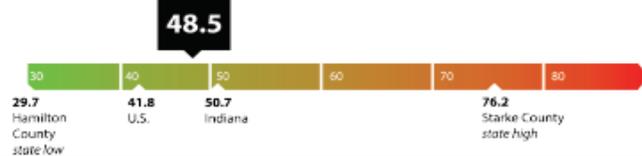


TOBACCO AND HEALTH IN FOUNTAIN COUNTY

Percent of adults who smoke



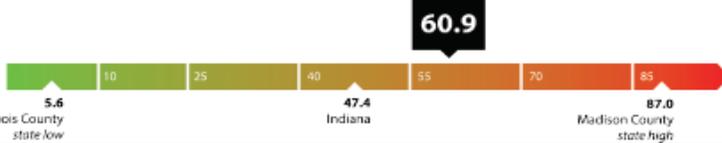
Lung cancer deaths per 100,000 residents



Cardiovascular disease deaths per 100,000 residents



Asthma related emergency room visits per 10,000 residents



Smoking and pregnancy

Births affected by smoking 34
low birth weight, SIDS, reduced lung function

Cost of smoking related births \$46,172

Percent of pregnant women who smoke

Indiana 13.5%
 Fountain County..... 18.4%

Smoking deaths

Deaths attributable to smoking
 30

Deaths due to secondhand smoke

4

Economic burden of secondhand smoke: \$5.8 million

Smoking related illness

892

TOBACCO CONTROL FUNDING

\$89,000
 Funding in Fountain County for July 2017- June 2019.

\$6.1 billion
 Economic cost in Indiana due to smoking.

\$903 per Indiana household
 State and federal tax burden from smoking-caused government expenditures.

Tobacco Free Policies

Hospitals and Health Care Facilities

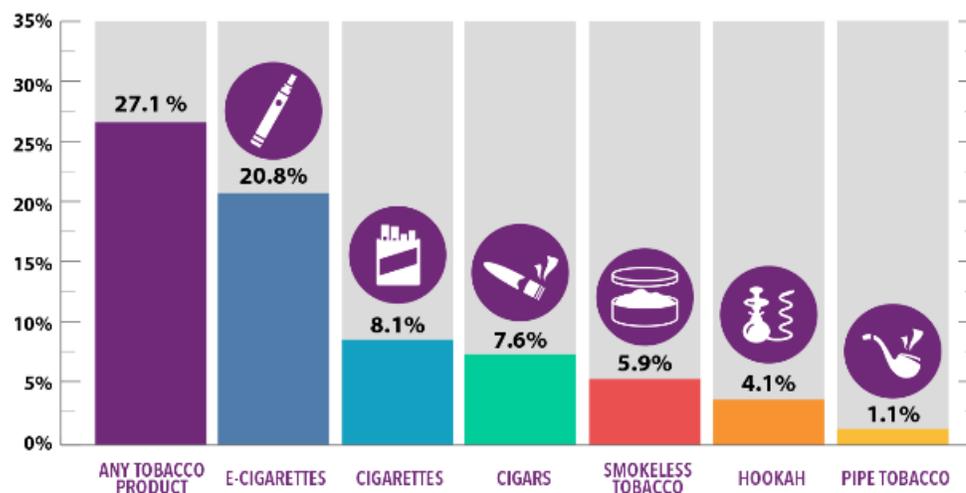
- St. Vincent South Clinic
- St. Vincent North Clinic
- St. Vincent Williamsport Hospital
- Valley Oaks Health

School Districts

- Attica Consolidated School Corporation
- Covington Community School Corporation
- Southeast Fountain School Corporation
- MSD of Warren County

Decades of Progress Erased

In 2018 about 4.9 million middle and high school students were current users (used in the past 30 days) of some type of tobacco product, up from 3.6 million in 2017. This increase, driven by a surge in e-cigarette use has erased past progress in reducing youth tobacco product use, according to a new Vital Signs report published by the Centers for Disease Control and Prevention (CDC). With the exception of e-cigarettes, no change was found in the use of other tobacco products, including cigarettes, resulting in a net increase in overall tobacco product use during 2017-2018.



There were 1.5 million more youth e-cigarette users nationally in 2018 than 2017, and those who were using e-cigarettes were using them more often. Frequent use (defined as more than 20 days in the past 30 days) of e-cigarettes, increased from 20 percent in 2017 to 28 percent in 2018 among current high school e-cigarette users. More than 1 in 4 (27.1%) high school students and about 1 in 14 (7.2%) middle school students currently used a tobacco product in 2018. For the fifth year in a row, e-cigarettes (20.8%) were the most commonly used tobacco product among high schoolers nationally, followed by cigarettes (8.1%), cigars (7.6%), smokeless tobacco (5.9%), hookah (4.1%), and pipe tobacco (1.1%). Among middle schoolers nationally, e-cigarettes (4.9%) were also the most commonly used tobacco product, followed by cigarettes (1.8%), smokeless tobacco (1.8%), cigars (1.6%), hookah (1.2%), and pipe tobacco (0.3%). Many youth tobacco product users are also using multiple products. Among current tobacco users, about 2 in 5 (1.68 million) high school students and 1 in 3 (270,000) middle school students used two or more tobacco products in 2018. The most commonly used tobacco product combination was e-cigarettes and conventional cigarettes among both middle and high school students. “The skyrocketing growth of young people’s e-cigarette use over the past year threatens to erase progress made in reducing youth tobacco use. It’s putting a new generation at risk for nicotine addiction,” said CDC Director Robert R. Redfield, M.D. “Despite this troubling trend, we know what works and we must continue to use proven strategies to protect America’s youth from this preventable health risk. Youth use of any tobacco product, including e-cigarettes, is unsafe.”

Additional key findings from the Vital Signs report:

- Among high school students in 2018, any tobacco product use was reported by 32.4 percent of non-Hispanic white, 21.7 percent of Hispanic, 18.4 percent of non-Hispanic other race, and 17.4 percent of non-Hispanic black students.
- Among middle school students in 2018, any tobacco product use was reported by 9.5 percent of Hispanics, 6.8 percent of non-Hispanic blacks, 6.6 percent of non-Hispanic whites, and 3.8 percent of non-Hispanic students of other races.
- By sex in 2018, use of any tobacco product, two or more tobacco products, e-cigarettes, cigarettes, cigars, smokeless tobacco, and pipe tobacco was higher among male high school students than females.
- By race/ethnicity in 2018, e-cigarettes were the most commonly used product among all racial/ethnic groups except black high school students, among whom cigars were the most commonly reported product.

This Vital Signs report is based on data from the 2011–2018 National Youth Tobacco Surveys analyzed by CDC, the Food and Drug Administration (FDA), and the National Cancer Institute (NCI). This annual survey assesses current use of cigarettes, cigars, smokeless tobacco, e-cigarettes, hookah, pipe tobacco, and bidis among a nationally representative sample of middle and high school students.

For the full report visit: <https://www.cdc.gov/vitalsigns/youth-tobacco-use/index.html>

Our Program Efforts and Goals

Our program is currently in the process of writing for another two year grant from the Indiana State Department of Health, Tobacco Prevention and Cessation Commission to continue our work in Fountain County and outreach into Warren. Our work addresses the following community indicators:

Protect and maintain local tobacco control coalition infrastructure needed to combat tobacco use, as well as working with community organizations to reduce tobacco use among those groups most impacted by tobacco.

Protect Hoosiers from exposures to secondhand smoke by, 1) supporting local and/or statewide smoke-free air ordinances for worksites, including restaurants, bars, and gaming facilities, 2) implementing tobacco-free campus policies for hospitals, health care centers, mental health centers/clinics, addiction treatment centers, and schools, and 3) working toward smoke-free policies in multi-unit housing.

Decrease adult smoking rates by, 1) promoting the Indiana Tobacco Quitline (1-800-QUIT-NOW) throughout the community, 2) working with healthcare providers to ensure they ask, advise, and refer their patients to tobacco cessation resources, and 3) supporting employers to create healthier employees through employer supported tobacco treatment resources to their workforce.

Decrease youth smoking rates by promoting community support for tobacco point-of sale strategies at the local level, and conducting youth-focused as well as adult-focused presentations throughout the community on marketing tactics, price, and prevention strategies.

We want to thank the community for working with us over these last two years to further our goals and helping to make our counties a healthier place to live, work, and play. We still have work to do!

JOIN THE EFFORTS OF FOUNTAIN/WARREN CO. TOBACCO PREVENTION & CESSATION PROGRAM

MEETINGS ARE HELD MONTHLY AT:



Community Action Program, Inc. of Western Indiana

418 Washington Street

Covington, IN 47932

Contact Kathy Walker, Program Coordinator

Phone: 765-793-4881

Email: kwalker@capwi.org

Community Action Program, Inc. of Western Indiana administers the Fountain/Warren Tobacco Prevention & Cessation Program. All services are provided without regard to race, age, color, religion, sex, disability, national origin, ancestry, or status as a veteran.